



# ITHACA COLLEGE

School of Humanities and Sciences  
*Gerontology Institute*

## Aging Studies Minor

### Gerontology:

Study of the physical, psychological, social, and other aspects of aging.



### Why Gerontology?

By 2060, 1 in 4 Americans will be 65 years and older.

Are you ready for the challenge ahead?  
We are ready to prepare you!



### Minor Requirements:

#### Core Requirements

GERO 1xxxx Any 100-level GERO course

GERO 29010 Fieldwork in Gerontology

#### Disciplinary Foundation<sup>1</sup>

PSYC 36600 Adulthood and Aging

#### Select one of the following:

BIOL 20500 Biology of Aging

GERO 21000 Health and Aging

#### Select one of the following:

GERO 22000 Sociology of Aging

GERO 31900 Aging and Social Policy

#### Aging Studies Restricted Electives<sup>2</sup>

#### Select 6 credits of the following:

GERO 23000: Memory Loss and Aging: Myths and Realities

GERO 25000: Lifespan Creativity

GERO 32500: The Long-Term Care System

GERO 37000: Counseling the Older Adult

GERO 38000: End-of-Life Issues

GERO 389xx: Selected Topics in Applied Gerontology

GERO 399xx: Selected Topics in Social Gerontology

SLPA 35900: Communication Disorders in the Aging Population

RLS 23800: Leisure and Aging

HLTH 30100 Lifecycle Nutrition

**Core Requirements 6 Credits**

**Disciplinary Foundation 9 Credits**

**Electives 6 Credits**

**Total Credits 21**

*\*All courses are 3 credits*

### How does Gerontology relate to my chosen field?

Gerontology is a diverse field with many career opportunities in human services, government agencies, retirement communities, nursing homes, healthcare and long-term institutional care.

<sup>1</sup>Minors may choose to use an additional 3 credits from the Disciplinary Foundation course list as a gerontology elective.

<sup>2</sup>Upper level courses in the lists of electives may have additional prerequisites



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