

Health and Wellness Resources

NATIONAL

National Suicide
Prevention Line

24/7

1(800)273-8255

Lifeline for LGBTQ+
TheTrevorProject.org

24/7

1(866)488-7386

National Crisis Text Line

24/7

Text "Connect"
to 741-741

ITHACA COLLEGE

Office of Public Safety

24/7

(607)274-3333

CAPS On-Call Counselor

M-F 5pm-8:30am
Weekends 24 hours

(607)274-3136

ICare Referral Form

Ithaca.edu/icare

Title IX Support and
Reporting

Ithaca.edu/share