# Student Newsletter October 2020 Edition



# **ICGI Upcoming Programs**

## **Intergenerational Dialogue Series**

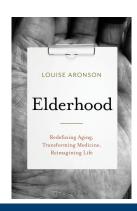
Please join us for our Fall 2020 Common Threads: Intergenerational Dialogue Series. Ithaca College Gerontology Department faculty and guest speakers host this six week series in the fall 2020 semester. This series will cover important topics to engage Ithaca College students and older community members.



#### **Learn More**

### **Community Book Discussion Group**

Join Mary Ann Erickson, PhD and Ithaca College Aging Studies students in a community book discussion group this Fall. This group will meet virtually over 6 weeks to discuss geriatrician Louise Aronson's Elderhood. Students will facilitate the one hour discussion via Zoom beginning the week of October 12th on Wednesdays 3-4 PM and Thursdays from 7-8 PM.



#### **Learn More**

# Student Spotlight: Emma Schaefer DPT '22

Emma earned her undergraduate degree in Clinical Health Studies with a minor in Aging Studies in May 2020. She recently began a graduate program in physical therapy at Ithaca College. Outside of school, she is passionately interested in yoga. Practicing on her own led her to become a Certified

Yoga Instructor, completing 200 hours of yoga teacher training.

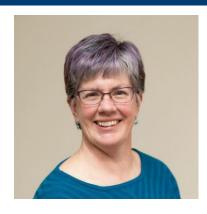
#### **Read More**



# Faculty Spotlight: Dr. Erickson

## **Accepted paper presented as webinar**

The <u>Southern Gerontological Society</u> accepted faculty member Mary Ann Erickson's paper "Using Contemplative Pedagogy to Educate About Ageism" to be presented at their annual conference in Norfolk, VA in April. When the conference was cancelled, selected authors were invited to present their papers as webinars over the summer. Dr. Erickson presented her paper in July.



## **Check Out This Video**



We Are All Aging, So Let's End Ageism - Ashton Applewhite

**Upcoming Town Hall: Senior Action Council** 



#### 125th Assembly District Candidates to Address Senior Issues

**The Tompkins County Chapter of StateWide** invites you to attend two virtual town halls by the candidates running for the New York State 125th Assembly District representing Tompkins and Cortland counties.

- Wednesday, October 21, 1-2 PM: Republican & Libertarian parties' candidate, Matthew McIntyre
- Thursday, October 22, 1-2 PM: Democrat & Working Families parties' candidate, Anna Kelles

The candidates will be responding to prepared questions about pending NYS legislation which they have reviewed. The questions are about issues that especially affect seniors--in housing, prescription coverage, home health care, education and the environment. There will also be time for responding to questions from the public that are submitted in advance to StateWide. Questions must be about senior issues and submitted when registering for the town halls.

Each town hall will begin with an introductory statement by the candidate and end with a twominute summation about their campaign and stance on senior issues. Participants may begin connecting five minutes prior to the start of the town hall.

NY STATEWIDE SENIOR ACTION COUNCIL is a not-for-profit 501(c)3, non-partisan grassroots membership organization devoted to advocating for seniors and promoting senior issues to our elected representatives in Albany.

A recording of each town hall will be available on StateWide's website, at <a href="www.nysenior.org">www.nysenior.org</a>, (Go to the menu above the website logo and click on the Calendar tab)

- To register for the town halls, click <u>HERE</u>, -or-
- Copy and paste this link into your browser: https://bit.ly/2ZY1i4o
- If attending by phone, call 646-558-8656, Meeting ID 876 1512 0471#

#### Click here to register

## **Volunteer Opportunity: Student Newsletter**

We are currently seeking volunteers to help with the student newsletter. The newsletter is something that we started last semester to help keep Aging Studies students informed and engaged.

This is a great opportunity to gain valuable skills in using the Constant Contact marketing



software, networking with Alumni, engaging with current students, and being apart of the great work of the ICGI.

If you are interested please **fill out this form** and someone will be in touch.

## **Spread the Word**

## We need your help

We are looking for your help to reach the broader campus community and share all that the Aging Studies Department has to offer! If you have friends who are interested in learning more and keeping up with all things aging related please send them this link to subscribe to our student newsletter.



#### **Subscription Link**

# Reach Out to us on Instagram! @ic\_agingstudies

### Find us on Instagram!

Let us know what you are doing during this time, to be featured on our Instagram throughout the week or as our Monday Motivation!

We'd love to feature anyone that wants to be shown off on our Instagram!
Feel free to either DM us on Instagram or send an email to Izzy Carney



# We Want to Hear From you



## **Monthly Student Newsletter**

Do you want to be featured in our monthly student newsletter? Would you like to spread the word about events and volunteer opportunities? If so, please contact **Zack Griswold** '19

## Follow us on Social Media







