



REPRESENTATION IN THE MEDIA

By: Olivia Celenza

What is Representation in the Media?

Representation in the media is how television, books and film depict specific types of people or communities that are usually underrepresented. This includes Women, POC, and LBGQTQ+ people of a variety of different body shapes and types, religions, ethnicities and races.



What Representation is NOT:

- * Playing into stereotypes

- *Tokenism

- *Downplaying/victimizing those with disabilities

- *Oversexualization

- *Cultural Appropriation



Why Representation Matters:

Representation matters because it can determine how society views minority groups and impacts how they see themselves. It can also effect mental health and a lack thereof representation can lead to low self- esteem. Stories come from all places and people, and they all must have the opportunity to be told.





Why Representation matters to me :)

Coming from a diverse family with a large collection of backgrounds, I understand the importance of being heard and represented. I believe that everyone has the ability to create and tell stories, no matter where they come from or who they are, and we shouldn't limit our perspectives to things within our understanding. The world is too big and beautiful to simply be content with what surrounds us throughout our everyday life. Discovery and learning is a part of living, and being able to recognize that greatness can be found across the globe, or even on your street, in a variety of different cultures, races and lifestyles is something that will change your point of view forever!

Books To Read:

- *The Hate You Give - Angie Thomas
- *Simon vs. The Homo Sapiens Agenda- Becky Albertalli
- *Dear Martin- Nic Stone
- *Born a Crime- Trevor Noah
- *The Breadwinner- Deborah Ellis
- *Just Mercy- Bryan Stevenson
- *To All The Boys I've Love Before- Jenny Han
- *The Rise of Kyoshi- F.C. Yee
- *The Sun is Also a Star- Nicola Yoon
- *Make Change- Shaun King



TV Shows to Binge:

- *Brooklyn Nine Nine
 - *On My Block
- *Avatar: The Last Airbender
- *Dear White People
- *The Poud Family
- *Black Mirror
- *Hollywood
- *Black Lightning
- *The Queen's Gambit
- *Fresh Off the Boat
 - *Pose
 - *Luke Cage
- *One Day At A Time
- *Lovecraft Country
 - *Love, Victor





Movies To watch:

- *Crazy Rich Asians
- *Call Me By Your Name
- *Black Panther
- *Wonder Woman
- *Hidden Figures

- *Moonlight
- *Spider Man: IntoThe Spiderverse
- *Coco
- *Get Out
- *Moana
- *Lady Bird

Musicals To Listen To:

- *The Color Purple
- *Ain't Too Proud: The Life and Times of the Temptations
 - *Falsettos
 - *Fun Home
- *In The Heights
- *Miss Saigon
- *The Prom
- *The Band's Visit
- *West Side Story
 - *Memphis
 - *Dreamgirls



"Because having your story told as a woman, as a person of color, as a lesbian, as a trans person, or as any member of any disenfranchised community, is sadly often still a radical idea. There is so much power in storytelling, and there is enormous power in inclusive storytelling, in inclusive representations."

- Kerry Washington

