

## INTERCULTURAL CAREER CONNECTIONS 2021 TIPS AND TAKEAWAYS

### AHMAD BOYD' 17 : PIVOT DON'T PANIC

- **Give yourself grace.**
  - Everything you are feeling is okay.
- **Realign your purpose.**
  - This break from normalcy has made it clear what's important to us.
- **Reach out to connect** with people that would otherwise be harder to get in contact with (virtual world).
- **Lean into discomfort.**
  - Avoid letting your fears control your destiny

### LIA MUNOZ '16 : FOLLOW YOUR INTERNAL COMPASS

- **Accept change** is necessary for growth.
- **Listen to your needs.**
  - Where do you NEED to live to thrive?
  - Whom do you need to be around (or away from) to succeed?
  - What RESOURCES do you need that your current location might not have?
- **Be honest about when things are no longer serving you.**
- **Don't apologize for needing change**, your team will understand and support you.
- **Remember that this may not be your forever home/job/city**, and it will not be perfect, but know that you are leading yourself to the next lesson to be learned.

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### TANYA HUTCHINS '89 : BELIEVING WORKS

- **Research the job you want.**
  - Including title, description, responsibilities, hours, holidays, etc.
- **Research the market/city/region you want to work and live in.**
  - Including the cost of living, diversity, grocery, fire dept., walkability.
- **Work your network!**
  - Online: LinkedIn, text, email, etc.
  - AND by phone, if necessary.
- **Go Union.**
  - Resource: <http://www.UnionJobs.com>
  - AFL-CIO: [www.AFLCIO.org](http://www.AFLCIO.org)
    - What Unions Do: <https://aflcio.org/what-unions-do>
  - Department of Labor: [www.DOL.gov](http://www.DOL.gov)
  - AFL-CIO Constituency Groups
    - (APALA) Asian Pacific American Labor Alliance: [www.apalanet.org](http://www.apalanet.org)
    - (APRI) A. Philip Randolph Institute: [www.apri.org](http://www.apri.org)
    - (CBTU) Coalition of Black Trade Unionists: [www.cbtu.org](http://www.cbtu.org)
    - (CLUW) Coalition of Labor Union Women: [www.cluw.org](http://www.cluw.org)
    - (LCLAA) Labor Council for Latin American Advancement: [www.lclaa.org](http://www.lclaa.org)
    - Pride at Work: [www.PrideAtWork.org](http://www.PrideAtWork.org)