

Previous Domestic Violence Awareness Month Events

Relationship Spectrum

Every relationship is different, but all relationships exist on a spectrum from healthy to abusive, with unhealthy somewhere in the middle. Here we had a discussion with the Tompkins County Advocacy Center to learn more.

Unpacking Shame

This program explored how accepting accountability in a relationship can help you move away from shame and toward a healthy, productive relationship.

Bystander Intervention 101

Bystander Intervention 101 provides participants with an engaging opportunity to learn pro-social bystander intervention skills and how to safely intervene. This program is a foundational learning program that will prepare students to intervene in a potentially harmful situation to reduce the experience of victimization.

Supporting Survivors

Covid-19 impacted our community in many ways. We all coped with escalating stressors, isolation, grief, and disconnection from regular sources of support and stability. A particular concern during this time was for students who may be social distancing in a home, apartment, or dorm with an abusive partner or caregiver. This created additional concerns about safety and resources while survivors were isolated from school, work, and other sources of connection and support. The Advocacy Center hosted an event for an online conversation about:

- The impacts of COVID-19 on relationship violence
- Available services on and off campus and how the Advocacy Center is supporting survivors during this time
- Strategies to support someone you are worried about
- Live Q&A

IC Runs Purple

The first annual IC Runs Purple 5k took place at Ithaca College through the beautiful Natural Lands. The 5k concludes a month of prevention education programming, campaigns and workshops aimed to increase knowledge and awareness about domestic violence. Proceeds and donations for the event will be donated to the Advocacy Center of Tompkins County.

Allyship

IDEAS Peer Educators (IPEs) launched a 5 part workshop series for the fall semester, beginning with conversations based on understanding what “allyship” to marginalized communities actually looks like. IPE’s lead the space for critically thinking about our own relationship with being an “ally,” the discourse surround calling yourself an “ally”, how that differs from an “accomplice” or “co-conspirator” mindset, and what we all can do to improve that in the future.