

Ashley Elizabeth Mason, PhD, OTR/L
Curriculum Vitae

PERSONAL INFORMATION:

Home Address: 242 Troy Rd, Ithaca, NY 14882
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EDUCATION

PhD, Occupational Science, University of North Carolina at Chapel Hill, NC May 2018
 MS, Occupational Therapy, Ithaca College, Ithaca, NY September 2005
 BS, Occupational Therapy, Ithaca College, Ithaca, NY May 2004

PROFESSIONAL APPOINTMENTS

Position	Institution	Year
Tenure Eligible Assistant Professor in Occupational Therapy	Ithaca College	2022 - present
Clinical Assistant Professor in Occupational Therapy	Ithaca College	2020-2022
Assistant Professor in Occupational Therapy	University of Tennessee at Chattanooga	2018-2020

PUBLICATIONS**Referred Journal Articles**

Mason, A.E., Benson, L., Hale, V., Oslund, M., & Robinson, A. (2023). Exploring Food Allergy Management and Food-Related Social Occupations in Elementary-School Aged Children, *OTJR: Occupational Therapy Journal of Research* 0(0)
 doi:10.1177/15394492231181091

Mason, A. E. (2020). Children's Perspectives on Lunchtime Practices: Connecting with Others. *Journal of Occupational Science*

Zhang, W., **Mason, A. E.**, Boyd, B., Sikich, L., & Baranek, G. (2016). A rural-urban comparison in emergency department visits for U.S. children with autism spectrum disorder. *Journal of Autism and Developmental Disorders*, DOI 10.1007/s10803-016-2982-3.

Bagatell, N. & **Mason, A. E.** (2015). Looking backward and thinking forward: Occupational therapy and autism spectrum disorders. *OTJR: Occupation, Participation and Health*, 35, 34-41.

Manuscripts Submitted for Review

Mason, A.E. (2023). Scaffolding and Supporting College Students to be Lifelong Learners: Considerations from a Faculty Book Club, *Deeper Learning Journal of Practice*

Manuscripts in Preparation

Mason, A.E. & Bleiler, J., & Hamm, S. (2022). Children, Youth and Social Participation: A Scoping Review.

Other Publications

Mason, A. E., (2018). *Mealtime experiences and activities: An ethnography from the children's perspective.* (Doctoral dissertation). Retrieved from ProQuest. (10787319)

GRANTS AND FELLOWSHIPS

Instructional Development Fund Grant, Provost's Office, Ithaca College (2024), *Infusing Occupational Science Into Occupational Therapy Theory*, \$1,500

Summer Grant for Faculty Scholarship/Creative Work, Provost's Office, Ithaca College (2024), *Elementary School Lunchtime Summer Project: Completing a Manuscript and Conducting a Pilot Socio-emotional Lunchtime Program*, \$4,187

Mutual Mentoring Grant, CFE Ithaca College 2022, *Cohesive Teaching/Learning Strategies for OT Students*, \$400

Faculty Grant UTC, 2019, *Presenting at and attending the Society for the Study of Occupation:USA*, \$1,260.

Faculty Grant UTC, 2018 *Presenting at and attending the Society for the Study of Occupation:USA*, \$819.25.

Mentored Grant:

UTC SEARCH Student Research Grant (2019), *Exploring Experiences of Children with Food Allergies Through an Occupational Lens*, \$1000

CONFERENCE ACTIVITY/PRESENTATIONS

Papers Presented

2023 **Mason, A.E.,** Gibson, M., DeMarco, T., Deonarine, K., Ferrere, M., Lazaros, A., Lenna, B., Maurceri, G., Schlessinger, G., & Treanor, M. *Exploring Evening and Sleep Routines and Practices in Families with School-Aged Children*, Conference for the Society for the Study of Occupational Science (SSO:USA), October

2023 Mernar, T., Kennedy, B.L., Krishnagiri, S., **Mason, A.E.,** & McCarthy, K. *Teaching of Occupational Science Panel.* Conference for the Society for the Study of Occupational Science (SSO:USA), October

2023 **Mason, A.E.,** Riley, B., Scott, S., Iglthaler, J., Daly, R., Wilkinson, K., Heffron, J., Bradshaw, M., Germain, A., Cozzolino, M., *The Occupation of Learning: Using Metacognitive Strategies and a Supportive Learning Environment to Develop Lifelong Learners.* American Occupational Therapy Association Conference (AOTA), April

- 2023 Germain, A. & **Mason, A.E.** *Using Padlet to Crowdfsource Class Notes: A Way for Students to Support One Another and Deepen Levels of Learning.* Technology presentation, American Occupational Therapy Association Conference (AOTA), April
- 2022 **Mason, A.E.**, Dick, K. Loonie, E., Marsh, S; Kwan, E. Rumpasch, S., Strelec, S., Sullivan, A., & Sutaria, E. *Exploring Female Autistic Young Adult Perspectives: Navigating Daily College Occupations.* Paper Presentation, Conference for the Society for the Study of Occupational Science (SSO:USA), October
- 2021 Bosch, B., Karlin, A., Kesselring, K., Martini, S., Mihale, G., Morales, K., Springer, S., & **Mason, A.E.** *Perceptions of Adolescents and Young Adults with Autism Spectrum Disorder on Their Performance of Daily Living Skills.* Virtual Poster Presentation, New York State Occupational Therapy Association (NYSOTA) Conference, November
- 2021 Benson, L., Hale, T., Oslund, M., Robinson, A., & **Mason, A.E.** *Perspectives on Social Occupations: Children with Food Allergies.* Virtual Poster Presentation, Conference for the Society for the Study of Occupational Science (SSO:USA), September
- 2020 Benson, L., Hale, T., Oslund, M., Robinson, A., & **Mason, A.E.** *Exploring Perspectives on Social Occupations: Children with Food Allergies.* Virtual Poster Presentation, Conference for the Society for the Study of Occupational Science (SSO:USA), October
- 2020 Benson, L., Hale, T., Oslund, M., Robinson, A., & **Mason, A.E.** *Exploring Experiences of Children with Food Allergies Through an Occupational Lens,* Virtual Poster Presentation, TNOTA, September.
- 2019 **Mason, A. E.** *Using Traditional and Task-Based Methods to Enhance Power in Researching Children's Occupations: Does This Create Space for Taboo Occupations?* Conference for the Society for the Study of Occupational Science (SSO:USA), Scottsdale, AZ.
- 2019 **Mason, A.E.** *Emphasizing the Differences in Children's Mealtime Occupations in Diverse Settings.* Tennessee Occupational Therapy Association Conference, Chattanooga, TN
- 2019 **Mason, A. E.** *Children's Mealtime Occupations in Diverse Settings: Emphasizing Influential Similarities and Differences between Home and School.* American Occupational Therapy Association Conference 2019, New Orleans, LA.
- 2018 **Mason, A. E.** *Children's Perspectives on Mealtime Occupations: Connecting with Others.* Conference of Society for the Study of Occupational Science (SSO:USA), Lexington, KY
- 2018 **Mason, A. E.** *Children's Perceptions and Experiences of Lunchtime Occupations: What Can We Learn?* Tennessee Occupational Therapy Association (TNOTA) Annual Conference, Murfreesboro, TN
- 2017 **Mason, A. E.** *Children's Perceptions and Experiences of School Lunchtime Activities: What Can We Learn?* 2017 John B Graham Student Research Day, Chapel Hill, NC

- 2016 Bagatell, N. & **Mason, A. E.** *Interactional Spaces: Families, Cars and Autism*, Joint Conference of Society for the Study of Occupational Science (SSO:USA) and Canadian Society of Occupational Scientists (CSOS), Portland, ME
- 2015 **Mason, A. E.**, *Family Practice and Mealtime Occupations: A Critical Literature Review*, Society for the Study of Occupational Science, Ft. Lauderdale, FL
- 2015 Zhang, W., Williams, K. L., Baranek, G., Boyd, B., & **Mason, A. E.**, *Factors Related to Hospital Admissions after Emergency Department Visits among U.S. Children with Autism Spectrum Disorder*, Autism CARES Meeting, Bethesda, MD
- 2015 Zhang, W., Boyd, B., **Mason, A. E.**, & Sikich, L., *Rural-Urban Disparities in Emergency Department Visits for U. S. Children with Autism Spectrum Disorder*, Academy Health Annual Research Meeting, Minneapolis, MN
- 2015 Bagatell, N. & **Mason, A. E.**, *Occupational Therapy and Autism Spectrum Disorder, A Scoping Review of 70 Years of Literature*, American Occupational Therapy Association Conference, Nashville, TN
- 2010 **Holod, A. E.**, *Camp Help My Hands*, Pennsylvania Occupational Therapy Association Conference, Scranton, PA

CAMPUS OR DEPARTMENTAL TALKS

- 2024 Service in Occupational Therapy. Ithaca College Advanced Theory and Practice Occupational Therapy (March)
- 2023 Service in Occupational Therapy. Ithaca College Advanced Theory and Practice Occupational Therapy (March)
- 2023 Occupational Therapy's Role with Autism. Ithaca College Speech Pathology course (February)
- 2022 Week of Teaching Visits Participant for CFE (November)
- 2020 Occupational Therapy and Early Intervention. Ithaca College Speech Pathology course. (February)
- 2017 Panel for class in Introduction to Human Development and Family Studies course. UNC Education Department (October 26th)
- 2016 Panel for Design Course for People with Disabilities. UNC Biomedical Engineering Department (August 25th)
- 2015 Panel for Design Course for People with Disabilities. UNC Biomedical Engineering Department (August 20th)

TEACHING EXPERIENCE

Graduate courses

Course Name	Number of students	Term
Ithaca College Technological Interventions	57	(Fall 2023)

in Occupational Therapy		
Group Research I	10	(Fall 2023)
Pediatric Evaluation and Intervention Lab, section 02	14	(Spring 2023)
Pediatric Evaluation and Intervention Lab, section 04	14	(Spring 2023)
Group Research II	10	(Spring 2023)
Research Seminar	10	(Spring 2023)
Technological Interventions in Occupational Therapy	54	(Fall 2022)
Group Research I	10	(Fall 2022)
Research Seminar	10	(Spring 2022)
Pediatric Evaluation and Intervention Lab, section 02	14	(Spring 2022)
Pediatric Evaluation and Intervention Lab, section 04	14	(Spring 2022)
Group Research II	8	(Spring 2022)
Technological Interventions in Occupational Therapy	53	(Fall 2021)
Group Research I	8	(Fall 2021)
Pediatric Evaluation and Intervention Lab, section 02	13	(Spring 2021)
Pediatric Evaluation and Intervention Lab, section 03	13	(Spring 2021)
Research Seminar	8	(Spring 2021)
Group Research II	7	(Spring 2021)
Technological Interventions in Occupational Therapy	55	(Fall 2020)
Group Research I	7	(Fall 2020)
UTC		
Models of Practice IV Pediatrics	24	(Summer 2020)
Advanced Clinical Practice	22	(Spring 2020)
Research I	24	(Spring 2020)
Research III	4	(Spring 2020)
Evidence-Based Practice	24	(Fall 2019)
Research II in Occupational Therapy	22	(Fall 2019)
Models of Practice VII Pediatrics	22	(Fall 2019)
Models of Practice IV Pediatrics	22	(Summer 2019)
Advanced Clinical Practice	24	(Spring 2019)
Research I	23	(Spring 2019)
Models of Practice VII Pediatrics	24	(Fall 2018)
Health Policy in Occupational Therapy	24	(Fall 2018)
UNC		
Applied Research Seminar I (Instructor of record)	7	(Fall 2017)

Applied Research Seminar I (Instructor of record)	7	(Spring 2018)
Teaching Assistant Experience		
Pediatric Therapeutic Processes I (Lab)	24	(Spring 2015)
Pediatric Therapeutic Processes I (Lecture)	24	(Spring 2015)
Human Capacities: Body, Structure and Function I (Lab)	24	(Fall 2014)
Human Capacities: Body, Structure and Function I (Lecture)	24	(Fall 2014)

Mentor Experience

Occupational Therapy Mentor:

2019

4 second year OTD students

5 first year OTD students

OTD Capstone Mentor:

2019-2020

4 third year OTD students

Research Mentor:

2024(spring) Eleven OT MS reseach students exploring lunchtime- results and discussion

2024(spring) 1 Thesis student – exploring autistic burnout- advisor

2024(spring) 1 Thesis student – exploring parenting and sleep – research committee

2024 (spring) 1 Thesis student – exploring language discordance in therapy - advisor

2024 (spring) 1 OTD student from Jefferson University – on research committee

2023(fall) 1 Thesis student – exploring parenting and sleep – research committee

2023 (fall) 1 Thesis student – exploring language discordance in therapy - advisor

2023 (fall) Ten OT MS students exploring lunchtime – collecting data, creating draft of CH 1-3

2023 (spring) Ten OT MS students exploring lunchtime – creating IRB

2023 (spring) Ten OT MS students exploring child and family routines – created draft of Ch 1-5, analysis, discussion and Dissemination

2023 (spring/fall) 1 OTD student from Jefferson University – on research committee

2023 (spring) 1 MS OT student – on research team – supporting through providing feedback, discussing coding, definition of terms, etc.

2022 (fall) 1 MS OT student – on research team – supporting through providing feedback, discussing coding, definition of terms, etc.

2022 (spring/fall) 1 OTD student from Jefferson University – on research committee

2022 (fall) Ten OT MS students exploring child and family routines – created draft of Ch 1-3, completed IRB, recruited for families, initiated interviewing process.

2022 (spring) Ten OT MS students exploring child and family routines – focus on creating research question

2022 (spring) Eight OT MS students exploring young adults with ASD and their perceptions on occupations and activities – completing analysis, manuscript draft, dissemination

2021 (fall) Eight OT MS students exploring adolescents/young adults with ASD and their perceptions on occupations and activities – completing IRB proposal for focus group study, completing chapters 1-3 of study.

2021 (spring) Eight OT MS students exploring adolescents/young adults with ASD and their perceptions on ADLs, IADLs and Health Management activities – focusing on creating research question

- 2021 (spring) Seven OT MS students exploring adolescents/young adults with ASD and their perceptions on ADLs, IADLs and Health Management activities – disseminated at OT Department Colloquium, plan to write/edit for manuscript submission
- 2020 (fall) Seven OT MS students exploring adolescents/young adults with ASD and their perceptions on ADLs, IADLs and Health Management activities – releasing survey for data collection
- 2020 Four OTD students exploring mealtime with children with disabilities and caregivers at child care. Preliminary planning stages – not executed.
- 2019 Four OTD students “Exploring Social Experiences of Children with Food Allergies”; manuscript submitted.

RESEARCH EXPERIENCE

Current Project

- 2024 Twelve OT MS students to implement lunchtime program in elementary school
- 2023 Eleven OT MS students exploring lunchtime experience in an elementary school – interview, survey, focus groups, noise decibel level, and photo elicitation format
- 2022 Ten OT MS students exploring child and family routines – interview and photo elicitation format

Research Assistant

- 2015 Data Comparison on Rural and Urban on Emergency Room Visits for Children with Autism. Research PI: Wanqing Zhang, PhD. Conducted literature reviews, assisted with data analysis from a national database and wrote summaries of literature on the topic. (May-August)
- 2013-2014 Single-Parent Families and Adolescent Research Project (SPAR). Research PI: Nancy Bagatell, PhD. Collected data using multiple qualitative methods, transcribed audio data, assisted with data analysis and dissemination. (August – August)

Clinical Research Project

- 2009-2010 Camp Help My Hands: A Constraint-Induced Movement Therapy Camp. Research PI: Ashley (Holod) Mason. Created and implemented two-week camp over two consecutive years for elementary aged children with hemiparesis; collected pre-post data on children’s strength, ROM, COPM, Abilihands, and Jebsen.

PREVIOUS NON-ACADEMIC WORK EXPERIENCE

- 2015-2016 Part-time Home Health Pediatric Occupational Therapist, Total Rehabilitation, Inc., Chapel Hill, NC (August 2015 – December 2016).
- 2011-2013 Outpatient Pediatric Occupational Therapy Coordinator, The Children’s Institute, Wexford, PA (December 2011 – July 2013).
- 2010-2011 Level II Outpatient Pediatric Occupational Therapist, The Children’s Institute, Wexford, PA (December 2010-December 2011).
- 2006-2010 Level I & Level II Pediatric Inpatient Staff Occupational Therapist, The Children’s

Institute, Pittsburgh, PA (December 2006 – December 2010).

2005-2006 Staff Acute Adult Inpatient Occupational Therapist, UPMC Shadyside Hospital, Pittsburgh, PA, (October 2005 – December 2006).

PROFESSIONAL SERVICE

To Discipline

2024 SSO:USA Student Poster Award Sub-committee Chair
 2024 SSO:USA Research Committee
 2023 SSO:USA Research Committee
 2023 SSO:USA Ad Hoc Committee OS Education
 2023 SSO:USA Student Poster Award Sub-committee Chair
 2022 SSO:USA Research Committee
 2022 SSO:USA Ad Hoc Committee OS Education
 2022 Invited Reviewer for Frontiers in Psychology, Perception Science
 2021 Invited Reviewer for SSO:USA 2021 Conference Abstracts
 2020 SSO:USA Nominating Committee Member
 2020 Invited Reviewer for SSO:USA 2020 Conference Abstracts
 2019 Invited Reviewer OTJR: Occupation, Participation and Health
 2018 Invited Reviewer OTJR: Occupation, Participation and Health
 2017 Invited Reviewer OTJR: Occupation, Participation and Health

To Department/University

2024 IC Sponsored Go Baby Go Event, OT faculty representative and supervisor
 2024 Alpha Eta Society Occupational Therapy Department Representative
 2024 Diversity, Equity, and Inclusion Committee of Occupational Therapy, Tri-chair
 2024 Student Affairs Committee Department of Occupational Therapy, Chair
 2024 CFE Faculty Development Committee Member
 2023 ICSD Kindness/movement workshop at South Hill Elementary Co-facilitator
 2023 CFE Faculty Development Committee Member
 2023 CFE Summer Course Facilitator for “Course Calibration: Charting Time on Task”
 2023 Diversity, Equity, and Inclusion Committee of Occupational Therapy, Tri-chair
 2023 Student Affairs Committee Department of Occupational Therapy, Chair
 2023 IPE Table Leader at Fall HSHP First-Year Orientation
 2023 First –year Move in Crew
 2023 IC Sponsored Go Baby Go Event, OT faculty representative and supervisor
 2023 Alpha Eta Society Occupational Therapy Department Representative
 2022 Alpha Eta Society Occupational Therapy Department Representative
 2022 Diversity, Equity, and Inclusion Committee of Occupational Therapy, Tri-chair
 2022 Student Affairs Committee Department of Occupational Therapy, Chair
 2022 Tenure and Promotion Department Committee Full Review - chair
 2022 Feedback on Canvas Resource Site
 2022 Thesis Approval Meeting
 2021 IPE Table Leader at Fall HSHP First-Year Orientation
 2021 Student Affairs Committee Department of Occupational Therapy, Chair
 2021 Tenure and Promotion Department Committee Full Review

- 2021 Thesis Approval Meeting
- 2020 Appeals Committee Ithaca College
- 2019 Lead Designer/Mentor for OT Department sponsored Sensory Room on UTC campus
- 2019-20 Mosaic Advisory Board (University-wide)
- 2019 Curriculum Committee (Occupational Therapy Department)
- 2018-20 Walker Teaching and Learning Center Advisory Board (University-wide)
- 2018 UTC Occupational Therapy Department SOAP Note Committee Chair
- 2018 Progress and Retention Committee (Occupational Therapy Department)
- 2016 Admissions Interviewer. Interviewed MS candidates for admission to UNC MS OT program. (February).
- 2014-2016 PhD student monthly Brown Bag meeting co-organizer. (August-December)
- 2014. Clinical Instructor for Level II Fieldwork in Honduras for three MS UNC students
- 2013-2014 PhD student representative for faculty meetings. (August-May)

PROFESSIONAL CERTIFICATIONS

- 2020- present New York State Licensed as Occupational Therapist
- 2018-2020 Board Licensed in Tennessee as Occupational Therapist
- 2015-2018 North Carolina Board Licensed Occupational Therapist
- 2005-2014 Commonwealth of Pennsylvania Licensed Occupational Therapist
- 2005-present National Board-Certified Occupational Therapist

PROFESSIONAL MEMBERSHIPS

- 09/2014-present
- 10/2003-10/2010 Member of American Occupational Therapy Association
- 07/2015-present Member of Society for the Study of Occupational Science
- 09/2021 - present Member of New York State Occupational Therapy Association
- 08/2018-2020 Member of Tennessee Occupational Therapy Association

Attended the following conferences, courses and seminars:

Professional

- 2023 Decolonizing Epistemologies, Pedagogies, and Methods for Occupational Science, *SSO:USA Preconference Workshop*
- 2023 Equity Research Training Workshop
- 2023 SSO:USA Conference, *Envisioning the Future of Occupational Science*
- 2023 AOTA 2023 Inspire Conference, Kansas City, MO
- 2022 SSO:USA Conference, *Tension and Fit*
- 2021 NYSOTA Conference, *Exploring Systemic Racism Through OT Academic Content*
- 2021 SSO:USA Conference, *Occupation and Gender*
- 2021 Bystander Intervention Anti-Asian/American Xenophobia
- 2021 COTAD Book Club: Occupation and Racism
- 2019 ACOTE New Standards Workshop

Academic

- 2023 CFE The Intersectionality of Disability and Neurodiversity in Society and in

the Classroom (5.15.2023)

2023	CFE Imposter Syndrome, Women's Mentoring Network (3.8.2023)
2023	CFE Inclusive Learning Book Club
2022	CFE Early Career Excellence Institute (spring and fall)
2022	CFE Using Analytics to Enhance Teaching and Learning
2021	CFE Canvas and IDEAL Course Design
2021	Universal Design for Learning
2021	Heartful "Mastering the Essentials of APA Style (7th Edition)"
2020	COTAD IGNITE – Programmatic Changes Related to Racism and Discrimination
2020	Virtual Teaching Strategies for New Faculty
2020	Simucase Tutorial
2020	Padlet Training
2020	New Faculty Orientation Ithaca College – Center for Faculty Excellence
2020	Zoom Tutorial
2020	Canvas Studio Tutorial
2018	Quality Matters Workshop for Online Classes Rubric
2018	Walker Teaching and Learning Center Seminar for New Faculty
2017	Teaching and Learning Environments
2017	Evaluation of Teaching
2015	Teaching Assistant Orientation
2014	Active Learning Workshop
2013	Atlas.ti Workshop

Clinical

2022	Interoception: Best Practices for Implementing Interoception Based-Supports
2013	Mealtime Misery
2012	Casting Without a Saw
2012	Gearshifters Listening Program
2011	Therapeutic Listening Program
2010	Spinal Cord Injury Seminar
2009	Sensory Integration
2009	The Neuro-Developmental Treatment of the Infant
2008-2010	Brain STEPS training and Executive Functioning Deficits
2008	Infant Mental Health Workshop
2007	Feeding the Whole Child
2007	Motor Control, Motor Learning and Motor Development: Applying Evidence to Clinical Practice in Pediatrics
2006	Lymphedema Massage and Wrapping Techniques
2005	Therapeutic Electrical Stimulation